

Directions:

Follow the prompts below and complete one Chapter Map for each chapter of your Life Map.

Range of Ages:

What age were you when this story began and ended?

Age at the beginning:

Age at the end:

Setting(s):

Where did the story take place? List each house or city if you moved during this chapter.

Supporting Cast:

Who supported you and helped you move your story forward?

Unsupportive Cast:

Who actively or passively failed to support you?

Villain:

Did you have someone in particular that treated you as their adversary? If so, list their name(s).

Sources of Tension

Did tension in the chapter come from within you, between you and someone else, and/or between you and the world around you?

Climax:

What event(s) defined this chapter? This is typically the highest or lowest point, depending on whether the event was a triumph or tragedy.

Resolution:

How did the chapter end even if you still lack resolution about the ending?

Chapter Title:

Every chapter has a title. What title captures the essence of this chapter?

Morale(s) of the Story:

How did the chapter shape the hero? (That's you.) List anything you took away from the chapter that's aided you since.